Activity 16
Light and Shadow
Inspired by Sarah Ruttle

Sarah Ruttle created some great activities for Discovery Box going with Gabhann Dunnes exhibition Committed to Falling. One of the activities was a bright blue fabric with bird-shaped holes in it. Children could float the fabric and watch the play of light and shadow.

Today, we will recreate this great idea and watch our own shadows dancing outside in the sun!

Image by Sarah Ruttle
Materials

Look for some fabric you can use for this activity. You can use an old bedsheet for example. Just make sure it is ok to cut some holes in it.

Here's what you need:  
Scissors, fabric, sunshine :)}
Cut Shapes into Fabric

You can go for any shapes you like. I decided to go for cloud-like cut-outs. But really everything that comes to your mind is right!
Take outside and float

Let your fabric float in the air and whatch the play of light and shadow.

If you like, you can share an image of your shadows with us!

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